

PERRY THERAPY

Greenville, NC
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OBJECTIVE

Seeking a challenging position as a Physical Therapist with Select Physical Therapy to use my comprehensive healthcare experience and training while offering strengths in interdisciplinary collaborations and relationship building.

EDUCATION

East Carolina University, Greenville, NC May 2023

Doctor of Physical Therapy

Dale A. Huggins Scholarship, George Hamilton Scholarship
Maydell Turner Edwards Scholarship, *NCPTA Scholarship*

High Point University, High Point NC May 2018

Bachelor of Science Exercise Science, Cum Laude

PHYSICAL THERAPY EXPERIENCE

Duke Regional Hospital, Durham, NC January 2022 - Present

Clinical Rotation III- 8 weeks of acute care

- Evaluate and treat patients post SCI, stroke, and deconditioning with an emphasis on SCI
- Educate patients and their families on new skills and strategies to be used upon returning home in order to adapt to newfound limitations
- Provide thorough documentation using Medilink
- Coordinate patients' care with other members of the rehab team during weekly meetings
- Instruct and supervise clinical aides in assisting with interventions
- Perform tasks outside of patient care including scheduling, billing, and ordering wheelchairs
- Present objective tests and measures for patients with decreased levels of function

Health South Rehabilitation Hospital of Sarasota, Sarasota, FL October 2021- January 2022

Clinical Rotation II – 8 weeks of inpatient rehabilitation

- Gained experience with Biodex equipment, presented an inservice on BPPV diagnosis and treatment, participated in weekly team meetings to discuss each patient on my caseload
- Evaluated and treated children with a variety of disorders including CP, autism, seizure disorder, developmental delay
- Facilitated necessary skills including but not limited to gait training, stair training, and rolling using hands on intervention
- Introduced to kinesiotaping patterns that promoted activation of dorsiflexors
- Presented in-service on motivation for the patient and their families

Vidant Outpatient Rehabilitation, Greenville, NC March 2021 - May 2021

Clinical Rotation I – 6 weeks of outpatient rehabilitation

- Demonstrated excellent patient care and made improvements in my clinical abilities, led aquatic therapy sessions, performed family training, and observed joint arthroplasty surgeries at Vidant Medical Center.

Lois' House Support Services, Wilson, NC June 2020 - January 2021

CAP Worker/Respite Care

- Worked with pediatric client with Rett Syndrome assisting with exercises, brushing techniques, compressions, activities of daily living and attempts to reach all personal health, home and community care goals.
- Observed client's weekly physical therapy and speech therapy session and assisted client in her daily physical therapy exercises and facilitated use of her augmentative device.

PROFESSIONAL AFFILIATIONS

American Physical Therapy Association

March 2021 - Present

Member

North Carolina Physical Therapy Association

August 2020 - Present

Executive Committee Vice Chair Student Special Interest Group

- Work together with the committee to plan student events and meetings for all NC PT and PTA students, promoted professionalism within physical therapy and marketed upcoming events and conferences.
- *Executive Committee Leadership Retreat*, Raleigh NC, (2021)
- *NC Legislative Reception*, Raleigh NC, (2021)
- *APTA Federal Advocacy Forum*, Washington, NC, (2021)
- *NC Special Olympics Summer Games FUNFitness*, Raleigh, NC, (2021)

ECU Physical Therapy Club

May 2020 - Present

Social Chair

- Plan and volunteer for local events (massage clinics, Greenville Muscular Dystrophy Association Walk, Carolina Hurricanes 24hr Bikeathon, and others).
- Volunteer in local physical therapy clinics to gain a variety of experiences including Vidant Medical Center, Easter Seals, and RHA Howell Center.

ADDITIONAL WORK HISTORY

High Point University (HPU) Recreational Department, High Point, NC

August 2016 - May 2018

Guest Services Assistant and Team Leader/ Facility Manager

- Developed and implemented new Guest Service Training Manual and Community Service Program.
- Interviewed and hired new staff for all recreation departments, oversaw an average of 35 Guest Services staff, managed Guest Services staff including scheduling, training, and co-coordinating facility events while managing the 90,000 square foot Slane Student Activity Center, Fitness Center, and Pool.
- Analyzed and proposed departmental budget increases.

HPU Admissions Department, High Point, NC

March 2015 - May 2016

University Ambassador and Admissions Counselor Office Assistant

- Represented University by hosting large-scale campus events & leading weekly campus tours.
- Engaged in Datatel processing, prospective student application status updates, and other daily clerical tasks for Admissions Counselor Joe Cristy with the Virginia territory.

EXTRACURRICULAR ACTIVITIES

ECU Track and Field, Greenville, NC

August 2021 - Present

Volunteer Assistant Coach

- Competed on the Women's Track and Field Team during the 2021-2022 outdoor season, began coaching after using all my NCAA eligibility. Attend daily practices, weekend meets and conference tournaments.

Semi-Elite Athletics, Greenville, NC

May 2021 - Present

Unattached competitive athlete- pole vault

- Train daily utilizing ECU's facilities under Coach Johnson, compete during the indoor and outdoor seasons at various meets.