

# Focus 2 Self-Assessment Review and Next Steps

After completing the Focus 2 Self-Assessment, refer to the Occupation Overview and complete the chart below to summarize and process your findings.

Careers You Found Interesting	What Appealed to You	Concerns	Estimated Salary in State of Choice	Related Major(s)

## Next Steps

Select one or two next steps that you will commit to complete within the next month to help explore potential majors and careers.

- [Schedule an appointment](#) with ECU Career Services to discuss career opportunities, internships, student employment, and volunteer opportunities.
- Talk with professors who work within the area of interest.
- Volunteer in an organization that relates to your area of interest.
- Follow or join a professional organization to gain insight on a specific career.
- Observe professionals in an occupation of interest through a job shadowing experience.
- Contact a professional or two in the field of interest and ask questions about their career path.
- Attend workshops, webinars, or seminars to hear what experts are talking about.
- Join an ECU club or organization related to your interest.