Public Health Student Resume

244 10th Street • Greenville, NC 27834 • Phone • Email • Linked In Profile Address

Objective

To obtain a position as a Health Educator at <u>(organization name)</u> utilizing my knowledge and strengths in needs assessment, program planning, public speaking, and health education.

Capabilities Profile

Program Planning & Evaluation Implementing Programs
Health Education

Communication Health Promotion Epidemiology Public Speaking Certified Peer Educator Needs Assessment

May 2020

Education

East Carolina University
Bachelor of Science in Public Health
Concentration: Community Health

Minor: Communication

GPA: 3.25

Honors: Chancellor's List (Spring 2013, Fall 2014)

Greenville, NC

Related Coursework

Needs Assessment and Program Planning, Program Evaluation, Applied Principles of Health Promotion, Community Strategies for Health Education, Theory and Practice in Community Health Education

Relevant Public Health Experience

East Carolina University
Student: Program Planning & Needs Assessment

Greenville, NC

January 2018 - Present

- · Observed food choices & and health behaviors of 130 female mall patrons to assist in research data compilation
- Completed needs assessment on 40 African American women of reproductive age
- Created a program to increase the knowledge and awareness of preconception care among African American women in an effort to promote health and well being among this population

Office of Public Health

Greenville, NC

November 2017- Present

Certified Preconception Peer Educator

- Complied information and created website illustrating family life planning; before, during & after care; risk assessment
- Presented information to over 100 females on the steps in becoming healthy before conception
- Educated males and females on preconception and how to decrease barriers and increase factors that help lead
 to a healthy pregnancy
- Performed risk assessment on over 100 men and women to better understand their reproductive health behaviors

- Distributed resources on contraceptives, smoking cessation, BMI, and stress management in an effort to increase healthy decision making and improve health among members of the community
- Encouraged and educated males on how to increase support of pregnant partner before and after pregnancy

Pitt County Preconception Health Campaign Volunteer

Goldsboro, NC

August 2017- November 2019

- Informed women about the importance of creating a reproductive life plan Educated females about making smart food choices and increasing physical activity
- · Created and distributed over 130 flyers at public health expo at Town Commons to explain the importance of taking a multivitamin with folic acid to prevent birth defects

Work Experience

Server, Carolina Ale House Mentor, Boys and Girls Club Greenville, NC Greenville, NC August 2018 - Present

October 2017 – February 2019

Leadership Activities

Member, North Carolina Society of Public Health Education Member, Eta Sigma Gamma (Health Education Honor Society) Secretary, Eta Sigma Gamma (Health Education Honor Society) Volunteer, Special Olympics (Assisted in raising over \$100) Volunteer, Relay for Life (Raised \$270)

September 2018 - Present September 2018 - Present January - May 2018 October 2017

September 2017